



The Pony Express Programs Questionnaire

Program Questionnaire Intake Form Questions

What is it that brought you here?

What is your heart's desire?

What do you think you lack?

What is your intention?

Do you have judgments, and can you set them aside?

How can I help you?

What would you like to learn more about?

The Pony Express Ranch Participants Code of Ethics

- Steward your thoughts; practice mindfulness.
- Choose loving speech.
- Listen with heart awareness.
- Cultivate compassionate behavior.
- Be Present-100% -mentally, physically, emotionally, spiritually.
- A participant seeks feedback, continues to learn, and is open to counsel from others in the equine facilitated experiential learning field.
- A participant practices abstinence from mind and mood altering chemicals when engaged in equine facilitated experiential learning process work.
- A participant always has the best interest of the horses and the humans at the core of all interactions. Safety and conscious engagement are the underpinnings of all interactions.
- A participant “lives” the PE Safety Agreement. I am.....and I agree to be responsible for myself today (mentally, physically, emotionally, and spiritually). I remember to ask for help-support in consciousness.

The Pony Express Program

Safety Agreement

My name is _____ and I agree to be responsible for myself, spiritually, emotionally, and physically. And in doing so, contribute to the safety of the group.

The Safety Agreement is a foundational to personal growth and awareness. Horses always live in response to their own senses and in doing so, contribute to the safety of their herd.

