



THE PONY EXPRESS

Horses change kids. Kids change the world.

The Pony Express Spending Time in Horse Time Safety Agreement

My name is _____ and I agree to be responsible for myself, spiritually, emotionally, and physically. And in doing so, contribute to the safety of the group.

The Safety Agreement is a foundational to personal growth and awareness. Horses always live in response to their own senses and in doing so, contribute to the safety of their herd.



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Core Questions

-What is it that motivates you to be here?

-What is it that makes you want to work with horses?

-What is it that you want to bring into the world through working with horses?

-What is it that you already know in your core, your heart, that want to share with others about working with horses?



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Intake form questions:

What is it that brought you here?

What is your heart's desire or what brings you joy?

What do you like most about horses?

What is your intention?

What are your goals for this week?

How can I help you?

What would you like to learn more about?



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Intake/ Safety Questionnaire

Name: _____

Do you have any current or previous injuries that could inhibit your ability to move quickly while interacting with or being around horses?

Yes: _____ No: _____

Explain: _____

Are you currently taking any medications that might alter your perceptions or ability to respond quickly while interacting with or being around the horses?

Yes: _____ No: _____

Explain: _____

Describe your previous horse experience. (experienced, beginner, intermediate or advanced)

Do you have any fears or concerns about engaging with horses?

Is there anything else you think or feel I should know about you to help support you in having a safe experience?

I have read and fully understand all the questions above.

Sign here: _____ Date: _____